



21 DAY SUMMER SLIM DOWN

JUNE 1ST- JUNE 21ST

How to Sign up:

1. Place Shakeology order by May 22nd with one of your Journey Fitness Coaches
 - a. \$129 for Home Direct or \$149 from Journey Fitness
2. Begins Monday, June 1st and Ends Sunday, June 21st



**GET YOUR BEACH
BODY READY FOR
THE FIRST DAY OF
SUMMER!**

**NO ENROLLMENT!!
NO COMMITMENT!!**

SHAKEOLOGY

MEAL PLANNING

**UNLIMITED
TRAINING**

LOCATIONS

2084 College Ave.
Elmira, NY 14904
(607) 735-0333

32 Bridge St.
Corning, NY 14830
(607) 973-2187

[www.JourneyFitness
Coaching.com](http://www.JourneyFitnessCoaching.com)